RAJEEV GANDHI GOVT. AUTONOMOUS POST GRADUATE COLLEGE, AMBIKAPUR

UNDER GRADUATE COURSE IN PSYCHOLOGY (UNDER NEP 2020)

BASED ON UGC MODEL CURRICULUM

BACHLOR OF ARTS
PSYCHOLOGY (HONOURS)

2023-24

SEMESTER I, II, III, IV, V & VI (DSC, DSCE, GE & SEC)

NATIONAL EDUCATION POLICY-2020

PROGRAMME OUTCOME FOR B.A. CERTIFICATE/DIPLOMA/DEGREE COURSES

The students will be able to demonstrate ability -

- 1. to understand concept and theory of their respective subject.
- 2. to express thoughts and ideas effectively in writing and orally.
- to identify relationship within and across disciplines in the humanities and social sciences.
- 4. to cognitive and technical skills in their field and in multidisciplinary context.
- 5. to select and use relevant methods and tools for problem solving.
- 6. to make judgment and take decisions, based on analysis of data and evidence.
- 7. to critically evaluate principles and theory of humanities and social sciences.
- 8. in digital literacy and data analysis.
- 9. to find a job in their field, exercise responsibilities to job assigned and start up a business.
- 10.to develop a sense of respect and duty towards constitutional, human and moral and professional values.
- 11.to Gender sensitivity and adopt gender-neutral approach.
- 12.to mitigating the effects of environmental degradations, climate change and pollution.

B.A. PSYCHOLOGY (UG NEP UNDER 2020 COURSE)

Course Code	Course Type	Course (Paper/Subjects)	Credits	Cont	act Hou Week	rs Per	EoSE Duration (Hrs.)		
Coac	1,700			L	T	P	Thy	F	
		FIRST SEMESTER							
PSY 101	DSC	GENERAL PSYCHOLOGY-I	3	3	3	00	3	00	
PSY 101	DSC	PRACTICALS IN GENERAL PSYCHOLOGY-I	1	1	00	1	00	1	
	GE	INTRODUCTION OF PSYCHOLOGY-I	3	3	3	00	3	0	
	GE	PRACTICALS IN INTRODUCTION OF PSYCHOLOGY-I	1	1	00	1	00	1	
Ĭ	SEC	PSYCHOLOGICAL COUNSELLING	2	2	2	00	2	0	
		SECOND SEMESTER							
PSY 101	DSC	GENERAL PSYCHOLOGY-II	3	3	3	00	3	0	
PSY 101	DSC	PRACTICALS IN GENERAL PSYCHOLOGY-II	1	1	00	1	00		
	GE	INTRODUCTION OF PSYCHOLOGY-II	3	3	3	00	3	0	
	GE	PRACTICALS IN INTRODUCTION OF PSYCHOLOGY-II	1	1	00	1	00	1	
· ·	SEC								
		THIRD SEMESTER					16	-	
PSY 101	DSC	SOCIAL PSYCHOLOGY	3	3	3	00	3	0	
PSY 101	DSC	PRACTICALS IN SOCIAL PSYCHOLOGY	1	1	00	1	00	1	
,	DSCE	INDIVIDUAL PSYCHOLOGY	3	3	3	00	3	0	
	DSCE	PRACTICALS IN INDIVIDUAL PSYCHOLOGY	1	1	00	1	00	1	
		FOURTH SEMESTER							
PSY 101	DSC	PSYCHOPATHOLOGY	3	3	3	00	3	0	
PSY 101	DSC	PRACTICALS IN PSYCHOPATHOLOGY	1	1	00	1	00	1	
	DSCE	POSITIVE PSYCHOLOGY IN DAY TO DAY LIVING	3	3	3	00	3	0	
	DSCE	PRACTICALS IN POSITIVE PSYCHOLOGY IN DAY TO DAY LIVING	1	1	00	1	00	1	

B.A.I SEM (DSC) (GENERAL PSYCHOLOGY)

COURSE OUT COME

After completing the course the students will able to demonstrate.

- CO1 a comprehensive knowledge of areas and applications of psychology.
- CO2- develop familiarity with the basic concept of learning, memory, problem solving, motivation and emotions.
- CO3- Ability to understand process of cognative, moral and psycho-social development.
- CO4- a critical understanding of theories of personality and intelligence.
- CO5- a research tendency to go for innovative studies of assesment of memory, personality Intelligence and motivation.
- CO6- It will help in human interaction and develop life skill to real life situations.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2			✓		✓							
соз				✓								
CO4						✓						
CO5								~				
CO6							✓		1	~		
CO7												
CO8												

DSC PSYCHOLOGY-I SEM											
COURSE CODE: COURSE TYPE:DSC											
	COURSE TITLE:										
GENERAL PSYCHOLOGY- I											
CREDIT: 4		HOURS:									
THEORY: 03	PRACTICAL: 01	THEORY:	PRACTICAL:								
MARKS: 100		MARKS									
THEORY: 75	PRACTICAL:25	THEORY:	PRACTICAL:								

Note- 1) OBJECTIVE TYPE QUESTIONS:- Nine question to be carrying one marks each- 9*1=09 2) VERY SHORT ANSWER TYPE QUESTIONS: three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09

- 3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15
- 4) LONG ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying nine marks each (word limit 500-600 words) 9*3=27

	ORIENATION TO PSYCHOLOGY:-
	a) Nature, fields and applications of psychology.
	b) Cognitive process: Learning, meory and problem solving.
UNIT-1	c) Conative process: Motivation, types of motives(Sociogenic Psychogenic motives)
S	d) Affective process: Emotion, Positive and negative emotion.
7	PSYCHOLOGY OF INDIVIDUAL DIFFERNCES:-
UNIT-2	a)Theories of personality: Freud ,Maslow.
	b) Theories of intelligence: Spearman, Thurston.
	c)Emotional intelligence.
n	SCHOOLS OF PSYCHOLOGY:-
UNIT-3	a) Structuralism b) Cognitive Schools of psychology
	c) Behaviourism
	29 A C - SIDSCEN DESCRIPTION OF THE PROPERTY O

Reference:-

- 1) Baron,R.A.&Byrne,D.A.Understanding Behavior. Tokyo:Halt Sounders.
- 2) Zimbardo, P.G. Psychology. New York: Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING
- 4) GENERAL PSYCHOLOGY JANKI NURJAANI, MEENA JAIN

B.A.I SEM (DSC) (GENERAL PSYCHOLOGY)

Practical

COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments . Co2- able to develop to assecc problem solving,eq. stm and habbit interference.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2		1										
CO3												
CO4												
CO5												
CO6												
CO7												
CO8											*	

DSC PSYCHOLOGY-I SEM											
COURS	COURSE CODE: COURSE TYPE:DS										
	COURSE	TITLE:									
	PRACTICALS IN GENER	RAL PSYCHOLOG	GY- I								
CREDIT:	1	HOURS:									
THEORY	PRACTICAL: 01	THEORY:	PRACTICAL:								
MARKS:		MARKS									
THEORY	PRACTICAL:25	THEORY:	PRACTICAL:								
	Note:- This consist of two parts: par	7.5% Affix 3	ychological testing and part								
	B comprises of laboratory experime	nt.									
4	(ANY ONE OF THE FOLLOWING)										
PART-A	Psychological Testing:-										
PA	1) Problem solving										
	2) Cognitive style										
	3) Emotional Intelligence.										
E.B	Experiment:-										
PART-B	1)Short term Memory (MTS)										
~	2)Learning curve/Serial positive curve										

B.Sc. /B.C.A. I SEM

GE PSYCHOLOGY

COURSE OUTCOME

After completing the course the students will able to demonstrate

- CO1- a comprehensive knowledge of nature goal and scope of psychology.
- CO2- able to develop understanding of biological bases of behavioural, sensation, perception, attention, learning and motivation.
- CO3- a critical knowledge of theories of learning.
- CO4- a research tendency to go for innovation in attention, role of motivation, motives.
- CO5- Ability to develop role of motivation in learning.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	PO1 2
CO1	*						~					
CO2		~		~								
CO3						· ·						
CO4						~		✓				
CO5		E								✓		
CO6												
CO7												
CO8												

	GE PSYCHOLO	OGY-I SEM							
COURSE CODE: COURSE TYPE:GE									
	COURSE T	TITLE:							
	INTRODUCTION OF	PSYCHOLOGY-	ſ						
CREDIT	: 4	HOURS:							
THEOR	Y: 03 PRACTICAL: 01	THEORY:	PRACTICAL:						
MARKS	: 100	MARKS							
THEORY	Y: 75 PRACTICAL:25	THEORY:	PRACTICAL:						
carrying f 4) LONG	T ANSWER TYPE QUESTIONS: Three questive marks each (word limit- 200-250 words ANSWER TYPE QUESTIONS: Three quenine marks each (word limit – 500-600 word)) 5*3=15 estions to be asked. T	-						
	INTRODUCTION:-								
UNIT-1	Nature and scope of Psychology, Goals Neurons, CNS, ANS.	of Psychology, Bio	logical bases of behavior,						
SENSATION, PERCEPTION, ATTENTION:- Meaning and nature of sensation, Attributes of sensation, Nature of perception, perceptual /organization, perceptual constancy, Depth perception, Illusion, Nature a types of Attention.									
UNIT-3	Learning and motivation:- Meaning and nature of learning Role of	motivation in Learn	ning. Throndike theory of						

connectionism, Skinner theory, Insight theory. Meaning and nature of Motivation.

Reference:-

- 1) Baron, R.A. & Byrne, D.A. Understanding Behavior. Tokyo: Halt Sounders.
- 2) Zimbardo, P.G. Psychology. NewYork: Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING

Basic Motivational concepts.

I SEM (G.E) (INTRODUCTION OF PSYCHOLOGY)

Practical

COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to assecc memory, attention and perception.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2					✓							
CO3				9								
CO4												
CO5												
CO6												
CO7												
CO8												

	PSYCHOL	OGY-I SEM	
COURSE	CODE:	COURSE TY	PE:DSC
	COURSI	E TITLE:	
	PRACTICALS IN INTRODU	CTION OF PSYCHO	LOGY- I
CREDIT:		HOURS:	
THEORY:	PRACTICAL: 01	THEORY:	PRACTICAL:
MARKS:		MARKS	
THEORY:	PRACTICAL:25	THEORY:	PRACTICAL:
	Note:- This consist of two parts: part B comprises of laboratory exp		psychological testing and
PART-A	(ANY ONE OF THE FOLLOWING) Psychological Testing:- Memory Scale 1) Achievement Motivation Test		
PART-B	(ANY ONE OF THE FOLLOWING) Experiment:- 1) Effect of set on perception 2) Division of attention		

B.A .I SEM

SEC: PSYCHOLOGICAL COUNSELLING

COURSE OUTCOME

After completing the course the students will able to demonstrate

CO1- a comprehensive knowledge of psychological counseling.

CO2- a ceitical understanding of factors affecting counseling process.

CO3-ability to devlop knowledge of various area of counseling.

CO4-- a critical inclination of psychodynamic behavior cognative approaches.

CO5-compase and contrast models of counseling skills.

CO6-able to develop characteristic of good counsellor.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	PO12
CO1	~											
CO2				~								
CO3				~								
CO4							~					
CO5				~								
CO6									~			
CO7							,					
CO8												

	SEC PSYCHOLOGY-I SEM										
COURS	COURSE CODE: COURSE TYPE:SEC										
	COURSE T	TTLE:									
	PSYCHOLOGICAL	COUNSELLING									
CREDIT:	3	HOURS:									
THEORY	THEORY: 02 PRACTICAL: 01 THEORY: PRACTICAL										
MARKS:	100	MARKS									
THEORY	?: 75 PRACTICAL:25	THEORY:	PRACTICAL:								
UNIT-1	Meaning & goal of Counselling, Stages, Traits&ability. Factors affecting the cou Educational, Vocational guidance and c counselling) Counsellor –Counselee rela	nseling process: Are areer counseling far	ea-(Personal counselling, mily and merital								
UNIT-2	counselling) Counsellor –Counselee relationship Ethical Consideration in counseling Approaches:- Psychodynamic, Behavioural, Cognitive behavioural approaches:- Models of Counselling Skills –Rogers, Carkhuff model of Counselling skills, IPR model of counseling training Indian model of counseling.										

Reference:-

- 1. Guidance and counseling Rai A. &Asthana M.
- 2. Modern counseling psychology in hindi- Amarnath Rai & Madhu Asthana
- 3. Perspectives on indigenous psychology –Misra ,G.,& Mohanty
- 4. Handbook of counseling psychology- Brown ,S.,D.,&Lent R.W.

B.A.II SEM DSC : PSYCHOLOGY COURSE OUTCOME

After completing the course the students will able to demonstrate

CO1- a comprehensive knowledge of meaning, Nature & role of cultural &social factors.

- CO2- a critical understanding of difference between perception and illusion.
- CO3- a capacity to compare and contrast theories of learing and forgetting.
- CO4- a critical inclination to types of personality and theories of emotions.
- CO5- a research tendency to go for innovative studies of perception, forgetting and personality type .

CO6- It will develop concept of perception Learning Style strength of personality.

				DSC	C PSYC	CHOLO	GY-II	SEM				
					COU	RSE TI	TLE:					
				GEN	ERAL	PSYCI	HOLOG	SY II				
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	PO12
CO1	~						✓					
CO2						7		3				
CO3	~				1							
CO4												
CO5					~	~						
CO6				~						✓		
CO7												
CO8												

	DSC PSYCHOL	OGY-II SEM							
COURS	EE CODE:	C	OURSE TYPE:DSC						
	COURSE	TITLE:							
	GENERAL PSYCHOLOGY II								
CREDIT:	: 4	HOURS:							
THEORY	Y: 03 PRACTICAL: 01	THEORY:	PRACTICAL:						
MARKS:	100	MARKS							
THEORY	Y: 75 PRACTICAL:25	THEORY:	PRACTICAL:						
marks eac 3) SHORT carrying fi 4) LONG carrying 1	2) VERY SHORT ANSWER TYPE QUESTIONS: three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09 3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15 4) LONG ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying nine marks each (word limit – 500-600 words) 9*3=27 Perception: Meaning and Nature of Perception. Perceptual Organisation. Role of Personal factors in Perception. Social factors in perception and Illusion. Perception. Illusion: types, Difference Between Perception and Illusion.								
UNIT-2 UNIT-1	Theories of Learning: Throndike, Insight theory, Verbal learning: Meaning and Nature, Materials used in The Study of Verbal learning. Forgetting: Nature and Concepts. Determinants and Causes of forgetting.								
UNIT-3	Personality: Determinants and Types Jange theory ,Cannon bard theory.	of Personality. The	ories of Emotions: James						

Reference:-

- 1) Baron, R.A.&Byrne, D.A. Understanding Behavior. Tokyo: Halt Sounders.
- 2) Zimbardo, P.G.Psychology. NewYork: Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING.
- 4) GENERAL PSYCHOLOGY JANKI NURJAANI ,MEENA JAIN

B.A. DSC PSYCHOLOGY-II SEM Practical COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

CO2- able to develop to to assecc personality and memory.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2					~							
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

	DSC PSYCHOLOG	GY-B.A. II SEM	
COURSE	CODE:	COURSE	TYPE:DSC
	COURSE T	TITLE:	
	PRACTICALS IN GENER	AL PSYCHOLOGY	YП
CREDIT:		HOURS:	
THEORY:	PRACTICAL: 01	THEORY:	PRACTICAL:
MARKS:		MARKS	
THEORY:	PRACTICAL:25	THEORY:	PRACTICAL:
	Note:- This consist of two parts: part part B comprises of laboratory exper	iments.	osychological testing and
_	Psychological Test:-		
7-13	1)Personality		
PART-A	2)Memory		
PART-B	(ANY ONE OF THE FOLLOWING) Experiment:- 1)Retroactive inhibition 2)Serial position curve		

B.Sc. /B.C.A. II SEM

GE PSYCHOLOGY

COURSE OUTCOME

After completing the course the students will able to demonstrate

- CO1- a comprehensive knowledge to gain concept of Intelligence , memory, emotion and personality.
- CO2- a ceitical understanding of theories of intelligence, physiological correlates of emotions.
- CO3- acapacity to compose and contrast classification of Emotion and personality.
- CO4- a research tendency to go for intelligence memory and personality.
- CO5- It will help to develop intelligence, emotion and personality.

				G	E PSY	CHOL	OGY-I	I SEM				
			IN	TROD		URSE		: HOLOG	Y -II			
	PO1	PO2	PO3	PO4	PO5	PO6	P07	PO8	PO9	PO10	PO11	PO12
CO1	✓						8					
CO2	(5	_					~					
CO3						~						
CO4				~								
CO5										~		
CO6												
CO7												
CO8												

GE PSYCHOLOGY-II SEM								
COURSE CODE:		C	OURSE TYPE:GE					
	COURSE T	TTLE:						
	INTRODUCTION OF F	SYCHOLOGY -	п					
CREDIT: 4		HOURS:						
THEORY: 03	PRACTICAL: 01	THEORY:	PRACTICAL:					
MARKS: 100		MARKS						
THEORY: 75	PRACTICAL:25	THEORY:	PRACTICAL:					
Note- 1) OBJECTIVE TY	PE QUESTIONS:- Nine qu	estion to be carryin	g one marks each- 9*1=09					

Note- 1) OBJECTIVE TYPE QUESTIONS:- Nine question to be carrying one marks each- 9*1=09 2) VERY SHORT ANSWER TYPE QUESTIONS: three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09

- 3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15
- 4) LONG ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying nine marks each (word limit 500-600 words) 9*3=27

	Intelligence: Concept and Nature, Types of Intelligence. Intelligence Quotient, Theories of Intelligence: Spearmen, Thurston
UNIT-1	
UNIT-2	Memory: Concept and Nature, Types of Memory. Emotion: Meaning and Characteristics. Classification of Emotion. Physiological Correlates of Emotions.
UNIT-3	Personality: Meaning and Definition .Determinants of personality. Classification of Personality.

Reference:-

- 1) Baron, R.A.&Byrne, D.A. Understanding Behavior. Tokyo: Halt Sounders.
- 2) Zimbardo, P.G. Psychology. NewYork: Haper Collings College Publishers.
- 3) SAMANY MANOVIGYAN KI RUPREKHA-DR.ARUN KUMAR SING.
- 4) GENERAL PSYCHOLOGY JANKI NURJAANI, MEENA JAIN

II SEM .(G.E) (INTRODUCTION OF PSYCHOLOGY) practical COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to personality, E.Q. and memory.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2					✓							
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

	GE PSYCHOLO	OGY-II SEM						
COURS	E CODE:	9	COURSE TYPE:GE					
	COURSE T	TITLE:						
	PRACTICALS IN INTRODUCT	ION OF PSYCE	IOLOGY –II					
CREDIT:		HOURS:						
THEORY	PRACTICAL: 01	THEORY:	PRACTICAL:					
MARKS:		MARKS						
THEORY	: PRACTICAL:25	THEORY:	PRACTICAL:					
	Note:- This consist of two parts: part A	comprises of psy	chological testing and part B					
	comprises of laboratory experiments.							
	(ANY ONE OF THE FOLLOWING)							
	Psychological Test:-							
¥.	1)Personality							
PART-A	2)Emotional intelligence							
-8	Experiment:-							
PART-B	1)Memory							
	2)Short term memory							

B.A. THIRD SEMESTER

COURSE TITLE: Social psychology

COURSE OUTCOME

After completing the course the students will able to demonstrate

CO1 -a comprehensive knowledge of understanding the basis of social Psychology concepts.and familiarise with relavant methods and approches.

CO2-understanding the application of social Psychology.to social issues likemob behaviour, gender discrimination, child labour, population explosion and aggression.

CO3- familarizing with the concept of social perception including impression formation, prosocial behaviour, cooperation and helping behaviour.

CO4- Developing understanding of group structure and function, group norms, leadership.

CO5-Developing skills pertaining to mapping of social reality and understand how people evaluate social situations.

CO6- Develop a research tendency to go for innovative studies for stereotype and prejudice attitudes and interpersonal attraction affects society.

PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
~											
						✓				~	
	÷8	✓	5	Y .							e)
			✓			✓			~		
					~						
	✓										·
							:				
	· · · · · · · · · · · · · · · · · · ·			\							ii —
		V	*	*							

	DSC PSYCHOLOGY-III SEM								
COURSE CODE:			COURSE TYPE: DSC						
COURSE TITLE:	SOCIAL PSYCHO	LOGY							
CREDIT: 4 THEORY: 03 01	PRACTICAL:	HOURS: THEORY:	PRACTICAL:						
MARKS: 100 THEORY: 75	PRACTICAL:25	MARKS THEORY:	PRACTICAL:						

Note-1) OBJECTIVE TYPE QUESTIONS:- Nine question to be carrying one marks each-9*1=09 2) VERY SHORT ANSWER TYPE QUESTIONS: three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09

- 3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15
- 4) LONG ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying nine marks each (word limit -500-600 words) 9*3=27

UNIT-1	Definition and nature of Social Psychology. Methods of Social Psychology: Experimental, sociometry.
UNIT-2	Stereotypes: Nature and determinants. Impression formation, Attitude: Nature, characteristics and attitude change. Social Facilitation. Social Comformity.
UNIT-3	Prosocial Behaviour: Model and determinants. Aggression and social violence. Crowd. Interpersonal Attraction.

Reference:

- 1- flag] v:.k dqekjA lekt euksfoKku dh :ijs[kkA eksrhyky cukjlhnkl izdk'kuA
- 2- feJk ,o tSuA leku euksfoKku ds ewy vk/kkjA e-iz- fgUnh xaFk vdknehA
- 3- f=ikBh] ykycpuA lekt euksfoKku dh :ijs[kkA gjizlkn HkkxZo izdk'kuA
- 4- Baron, R.A. & Byrne, D. Social Psychology. New Delhi: Prentice Hall Pub.
- 5- Secord, P.F. & Backman, C.W. (1994). Social psychology. Magraw-Hill.
- 6- Samaj manovigyan- Arun Kumar Singh

Practical B.A. (DSC) THIRD SEMESTER SOCIAL PSYCHOLOGY COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to assecc aggression attitude, social facilitation and person perception.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2							✓					
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

	DSC PSYCHOLO	OGY-III SEM	
COURS	E CODE:	C	COURSE TYPE: DSC
	COURSE T	TITLE:	
	PRACTICALS IN SOCI	AL PSYCHOLO	GY
CREDIT:		HOURS:	
THEORY	PRACTICAL: 01	THEORY:	PRACTICAL:
MARKS:		MARKS	
THEORY	PRACTICAL:25	THEORY:	PRACTICAL:
	Note:- This consist of two parts: part A	comprises of psyc	hological testing and part B
	comprises of laboratory experiments.		
	(ANY ONE OF THE FOLLOWING)		
¥.	Psychological Test:-		
PART-A	1)Aggression 2) Attitude 3) Stereotype		
E.	Experiment:-		
PART-B	1) Social Facilitation		
	2)Effect of order of information on pers	on perception	

B.A.III SEM

DSEC: INDIVIDUAL PSYCHOLOGY

COURSE OUTCOME

- CO1- a comprehensive knowledge of understanding on the basis perspectives of personality intelligence and motivation.
- CO2- able to understanding theories of personality ,emotional intelligence ,traits & type .
- CO3-critical understanding of biological foundation of personality, group difference in intelligence.
- CO4-able to understand culture & gender
- CO5-will develop skills of motivation, personality enhance .cognitive potentials of own and others.
- CO6- develop research tendency to go for innovative studies for personality & intelligence.
- CO7- able to develop self determinants self regulation and self enhancement.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2		✓										
CO3			✓									
CO4												
CO5						~						
CO6									✓			
CO7		7										
CO8												

	DSEC PSYCH	IOLOGY-III SEI	M
COURSE CODE:			COURSE TYPE: DSCE
COURSE TITLE:	INDIVIDUAL F	PSYCHOLOGY	
CREDIT: 4 THEORY: 03 01	PRACTICAL:	HOURS: THEORY:	PRACTICAL:
MARKS: 100 THEORY: 75 PRACTICAL:25		MARKS THEORY:	PRACTICAL:

Note-1) OBJECTIVE TYPE QUESTIONS:- Nine question to be carrying one marks each- 9*1=09 2) VERY SHORT ANSWER TYPE QUESTIONS: three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09

- 3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15
- 4) LONG ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying nine marks each (word limit 500-600 words) 9*3=27

UNIT-1	Personality: Nature of personality; Biological foundations of personality; Culture, gender and personality; Perspectives on personality: Psychodynamic, Phenomenological-humanistic, Trait and type.
UNIT-2	Intelligence:Conceptofintelligence:Psychometricandcognitiveapproachestointelligence Gardner's multiple intelligences; Emotional Intelligence, Heredity, environment and intelligence; Group differences in intelligence; Extremes of intelligence.
UNIT:3	Enhancing individual's potential: Motivation: Intrinsic motivation and Self-determination theory; Enhancing cognitive potential, Self regulation and self enhancement.

Readings:

- 1. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- 2. Carr, A. (2011): Positive psychology. Routledge.
- 3. Ciccarelli, S.K., & Meyer, G.E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
- 4. Cornelissen, R.M.M., Misra, G.& Varma, S. (2011). Foundations of Indian Psychology, Vol 1. Pearson.
- 5. Gregory, R.J. (2006). *PsychologicalTesting:History,Principles,andApplications*(4thEd.). New Delhi: Pearson Education.
- 6. Mentis, M., Dunn-

Bernstein, M., Mentis, M., & Skuy, M. (2009). Bridging learning: Unlocking cognitive potential in and out of the classroom. Corwin.

7. Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata Mc

Practical

B.A. (DSEC)

THIRD SEMESTER

INDIVIUAL PSYCHOLOGY

COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to develop to assecc personality and intelligence.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2						1						
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

		DSCE PSYCHOL	OGY-III SEM	
COURS	E CODE:			COURSE TYPE: DSCE
COURSE	TITLE:	INDIVIDUAL PSY	CHOLOGY	
CREDIT:	4		HOURS:	
THEORY 01	7: 03	PRACTICAL:	THEORY:	PRACTICAL:
MARKS:	100		MARKS	
THEORY	7: 75	PRACTICAL:25	THEORY:	PRACTICAL:
UNIT-1	psychological te	sting and lab experime	nts .	
UNIT-2	able to develop	to assecc personality a	nd intelligence.	

COURSE TITLE: Psychopathology

DSC: B.A. IV SEM

COURSE OUTCOME

After completing the course the students will able to demonstrate

CO1-a comprehensive knowledge of understanding the concept of normality and abnormality.

CO2-Developing familiarity to understand the assessment of psychopathology with the help of diagnostic tests, rating scales, clinical interview, projective tests.

CO3-Developing ability to understand the symptoms and treatment of anxiety disorders, mood and personality disorders like phobia, obsessive compulsive disorder, manic depressive etc.

CO4-A sense of management of Psychopathology with stress management, and psycho therapies.

CO5-a research tendency to go for innovative studies for the treatment of mental disorders.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	~											
CO2			✓									
CO3							✓					
CO4				√								
CO5						✓		:		1		
CO6												
CO7						77	:					
CO8												

	DSC PSYCHOLO	OGY-IV SEM	
COURS	E CODE:	C	OURSE TYPE: DSC
COURSE	TITLE: PSYCHOPATHOL	OGY	
CREDIT:	: 4	HOURS:	
THEORY 01	7: 03 PRACTICAL:	THEORY:	PRACTICAL:
MARKS:	100	MARKS	
THEORY	7: 75 PRACTICAL:25	THEORY:	PRACTICAL:
	2) VERY SHORT ANSWER TYPE QU carrying three marks each (word limit-7 3) SHORT ANSWER TYPE QUESTION attempted carrying five marks each (wor 4) LONG ANSWER TYPE QUESTIONS attempted carrying nine marks each (wo	0-100 words) 3*3=0 IS: Three questions d limit- 200-250 wor S: Three questions to	9 to be asked. Three to be rds) 5*3=15 o be asked. Three to be
	The concept of Normality and Abr	normality; Mode	ls of Psychopathology:
	Psychodynamic, Behavioral and Co	ognitive. Panic D	isorder, Phobias,
-UNIT-	Obsessive Compulsive Disorder (C (GAD).	CD), and Genera	alized Anxiety Disorder
2	Mood Disorders: Manic-Depressiv	e Episode and D	ysthymia; Personality
UNIT-2	Disorders: Paranoid, Schizoid, and	Dependent Pers	sonality Disorder
2	Stress Management; Medico and	Psychosocial The	erapy: Shock therapy,
UNIT-3	Psychoanalysis, Group therapy an	d Behavior thera	ру.

Reference:

- 1. Lamm, A. (1997). Introduction to psychopathology. NY: Sage.
- 2. Buss, A. H. (1999). Psychopathology. NY: John Wiley.
- 3 fl ag rFkk frokjhA vlkekU; euk sfoKkuA vkxjk: fouk sn iqLrd Hk.MkjA
- 4 dfiy] ,p- ds-A vlkekU; euksfoKkuA vkxjk: gjizlkn HkkxZoA

Practical

B.A. (DSc)

FOURTH SEMESTER

PSYCHOPATHOLOGY

COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to to assecc practically about the stress anxiety and depression.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2												
CO3												
CO4		,		✓							0	
CO5												
CO6												
CO7	Ų.										,	
CO8												

		DSC PSYCHOLO	OGY-IV SEM	
COURS	E CODE:			COURSE TYPE: DSC
COURSE	TITLE:	PSYCHOPATHOL	OGY	
CREDIT:	4		HOURS:	
THEORY 01	7: 03	PRACTICAL:	THEORY:	PRACTICAL:
MARKS:	100		MARKS	
THEORY	: 75	PRACTICAL:25	THEORY:	PRACTICAL:
UNIT-1	able to to assec	c practically about the	stress anxiety ar	nd depression.
UNIT -2	Psychopathology	testing and experimen	ts.	

DSEC: IV SEMESTER

COURSE TITLE: Positive Psychology in day to day living.

After completing the course the students will able to demonstrate:

- CO 1- a comprehensive knowledge of gain a perspective on the values and choices related to good life and understand the dynamic of pursuing happy life.
- CO 2- a critical understanding of applied positive Psychology in the disciplinary matrix.
- CO 3- a capacity to compare and contrast of the good life values and choices pursuit of happiness and well-being and life style practices for health and well-being.
- CO 4- a critical inclination to self determination theory and healthy self regulation. (positive psychology and life coaching)
- CO 5- a research tendency to go for innovative studies of prospects, practices and prescriptions for pursuit of happiness.
- CO 6- to give awareness about values and well being balancing time and optional functioning.
- CO 7- apply the principles of positive psychology for developing good life style.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2		~										R
CO3												
CO4	12						~					4
CO5						✓	~				5	1
CO6							~			1	S	1
CO7				✓								
CO8												

DSEC PSYCHOLOGY-IV SEM						
COURSE CODE:		C	OURSE TYPE: DSCE			
COURSE TITLE:	POSSITIVE PSYC	CHOLOGY IN DAY	Y TO DAY LIVING			
CREDIT: 4		HOURS:				
THEORY: 03	PRACTICAL:	THEORY:	PRACTICAL:			
01						
MARKS: 100		MARKS				
THEORY: 75	PRACTICAL:25	THEORY:	PRACTICAL:			

Note- 1) OBJECTIVE TYPE QUESTIONS:- Nine question to be carrying one marks each- 9*1=09 2) VERY SHORT ANSWER TYPE QUESTIONS: three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09

- 3) SHORT ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying five marks each (word limit- 200-250 words) 5*3=15
- 4) LONG ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying nine marks each (word limit -500-600 words) 9*3=27

UNIT-1	Historical and philosophical foundations Applied positive psychology: Historical, philosophical, and epistemological perspectives. Existential dimensions of Positive Psychology; the salutogenic paradigm.
UNIT-2	Good life-values and choices The science of values in the culture of consumption. Values and well-being Self-determination theory and healthy self-regulation. Prospects, practices, and prescriptions for pursuit of happiness. The paradox of
UNIT-3	Lifestyle practices for health and well-being Positive psychology and life coaching. Health psychology and positive psychology

Practical

B.A. (DSEC)

FOURTH SEMESTER

POSSITIVE PSYCHOLOGY IN DAY TO DAY LIVING

COURSE OUT COME

CO1- comprehensive understandings of psychological testing and lab experiments .

Co2- able to to assect happiness and hope SQ and life satisfaction.

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1	✓											
CO2						~						
CO3												
CO4												
CO5												
CO6												
CO7												
CO8												

DSEC PSYCHOLOGY-IV SEM								
COURS	COURSE CODE: COURSE TYPE:DSC							
	COURSE TITLE:							
	POSSITIVE PSYCHOLOGY IN DAY TO DAY LIVING							
CREDIT:		HOURS:						
THEORY	PRACTICAL: 01	THEORY:	PRACTICAL:					
MARKS: MARKS								
THEORY	THEORY: PRACTICAL:25 THEORY: PRACTICAL:							
	Note:- This consist of two parts: part A comprises of laboratory experiments.	comprises of psy	chological testing and part B					
	(ANY ONE OF THE FOLLOWING)							
	Psychological Test:-							
Œ-V	1)Hope scale							
PAI	2)happiness							

(ANY ONE OF THE FOLLOWING) Experiment:1)spiritual intelligence 2)life satisfaction scale

B.A. IV SEMESTER

PSYCHOLOGICAL STATISTICS

COURSE OUTCOME

After completing the course the students will able to demonstrate

CO1-a comprehensive knowledge of understanding the nature of measurement of variables

CO2-developing skills to use quantative techniques such as meusred of central tendency.

CO3-knowing how to use normal probability curve as model in scientific use.

CO4-grasping concepts relate to hypothesis testing

CO5-kniwing basic techniques of descriptive and inferential stadtics.

CO6-developing abilty to understand.the use of statistics in research purposes

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	P10	PO11	P12
CO1					~							
CO2				✓			=					/
CO3						✓						
CO4											✓	
CO5							✓					
CO6										~		
CO7											- 1	
CO8												

	7-00	OURSE TYPE: DSC
	1	
	HOURS:	
PRACTICAL:	THEORY:	PRACTICAL:
	MARKS	
PRACTICAL:25	THEORY:	PRACTICAL:
		PRACTICAL: THEORY: MARKS

Note-1) OBJECTIVE TYPE QUESTIONS:- Nine question to be carrying one marks each-9*1=09 2) VERY SHORT ANSWER TYPE QUESTIONS: three questions to be asked carrying three marks each (word limit-70-100 words) 3*3=09

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- 4) LONG ANSWER TYPE QUESTIONS: Three questions to be asked. Three to be attempted carrying nine marks each (word limit -500-600 words) 9*3=27

UNIT -1	Statistics: Meaning and Application in psychology; Nature of Score, Frequency Distribution; Graphic representation of data. Measures of Central Tendency: Mean, Median and Mode of grouped and ungrouped data.
UNIT-2	Measures of Variability: Range, Standard Deviation (S.D.), Quartile Deviation (Q.D.), Average Deviation (A.D.), Applications of the measures of central tendency and variability. Correlation: Concept, Types and Methods- Rank Difference and Product Moment (in ungrouped data).
UNIT-3	Inferential statistics: Concept of Null Hypothesis; Level of Significance; Type-I Error & Type-II Error, t-test (for uncorrelated data). Distribution-free statistics: Chi-square test, Applications of Computer in psychological statistics.

Reference:

- 1. Siegel, S. (1994). Non parametric statistics. New York: Mcgraw Hill.
- 2. Garret. Statistics in Psychology and Education. Times of India Publisher.
- 3. dfiy, ,p- d-s A lkfa [;dh ds eyw rRoA
- 4 xSjsVA euksfoKku ,oa f'k{kk esa lkaf[;dhA